



انستیتو آموزشی، تحقیقاتی و درمانی قلب و عروق شهید رجایی

آسپیرین روکش دار یا آسپیرین جویدنی در بیماران مبتلا به بیماری قلبی-عروقی آترواسکلروتیک و برنامه ای چندجانبه جهت تعدیل عوارض ناشی آلودگی هوا: کارآزمایی بالینی تصادفی

COATED-AIR

شناسنامه طرح

4020310	کد رهگیری طرح
	تاریخ تصویب پیش پروپوزال
آسپیرین روکش دار یا آسپیرین جویدنی در بیماران مبتلا به بیماری قلبی-عروقی آترواسکلروتیک و برنامه ای چندجانبه جهت تعدیل عوارض ناشی آلودگی هوا: کارآزمایی بالینی تصادفی COATED-AIR	عنوان طرح
Coated Or Chewable Aspirin in Patients with Established Atherosclerotic Disease and a Hybrid Strategy to Mitigate the Adverse Effects of AIR Pollution: The COATED-AIR Randomized Clinical Trial	عنوان لاتین طرح
09121454319	تلفن
psadeghipour@hotmail.com	پست الکترونیکی
کارآزمایی بالینی-Clinical trial	نوع مطالعه
1402/12/07	تاریخ شروع
1407/04/31	تاریخ خاتمه
بله	آیا طرح چند مرکزی است؟
داخل کشور	مرکز/مراکز دیگر
	نام سازمان تصویب کننده اولیه پروپوزال
	محل اجرای طرح
بیمارستان قلب شهید رجایی	محل اجرای طرح
بیمارستان قلب شهید رجایی	سازمان مجری
	سازمان مجری
Rajaie Cardiovascular Medical and Research Center, Iran University of Medical Sciences	دانشکده/محل خدمت
قلب و عروق- اینترنشن	رشته تخصصی
	توضیحات
	نوع طرح ها

مجری همکاران

نام و نام خانوادگی	سمت در طرح	نوع همکاری	توضیحات
پرهام صادقی پور	مجری اصلی / نویسنده مقاله	طراحی و تدوین طرح	
آزیتا حاج حسین طلا ساز	مجری و نویسنده مقاله	طراحی و تدوین طرح	
هومن بخشنده آبکنار	همکار طرح	متدولوژیست	
سینا راشدی	همکار طرح	نوشتن پروپوزال	
سپهر جمال خانی	همکار طرح	بررسی فرمها و ثبت مشخصات بیماران	
حامد قشونی	همکار طرح	بررسی فرمها و ثبت مشخصات بیماران	
محمد رضا بابایی	همکار طرح	بررسی متون	
بهرام محبی	همکار طرح	ارزیابی بالینی بیماران	
آرمین الهی فر	همکار طرح	ارزیابی بالینی بیماران	
راضیه امیدوار	همکار طرح	ارزیابی بالینی بیماران	
سعیده مظلوم زاده	ناظر	نظارت بر اجرای طرح	
مریم آقا کوچک زاده	همکار طرح	مشاور	
حسام کاکاوند	همکار طرح	مشاور	
ناصر هداوند	همکار طرح	مشاور	
مجید ملکی	همکار طرح	مشاور	
فریدون نوحی بزنجانی	همکار طرح	سایر	

دانشده/مرکز مربوطه

رده	نوع ارتباط با مرکز
گروه بیماری های عروق محیطی	وارد کننده

اطلاعات تفصیلی

آیتم ها	متن
بیان مسئله	<p>Aspirin is the most widely used antiplatelet agent in patients with atherosclerotic cardiovascular disease (ASCVD) 1,2. Since aspirin is an organic acid, it can cause gastrointestinal (GI) discomfort while being absorbed through the gastric mucosa (mainly the stomach). GI discomfort, ulceration, and gastrointestinal (GI) bleeding are among the most notable adverse effects associated with aspirin3. The risk of these adverse events is cumulative over time and may be exacerbated by .other gastrotoxic chemicals, such as non-steroidal anti-inflammatory drugs</p> <p>Enteric coating, the application of a polymer barrier to permit transit through the stomach to the small intestine will reduce the exposure of aspirin to gastric mucosa and is one of the strategies to mitigate aspirin-associated GI adverse effects4. It is thought that enteric coating may alleviate dyspepsia. Despite the plausible mechanism, it is unknown whether enteric coating truly reduces</p>

the risk of gastrointestinal ulcers, GI bleeding, or hemorrhagic risk at large. With respect to the systemic risk of bleeding, it should be considered that besides being toxic to the gastric mucosa, aspirin may predispose to bleeding due to its systemic antiplatelet effects via inhibiting the synthesis of prostaglandins. The existing clinical trials have not been sufficiently large, or of long-term clinical follow-up to prove –or exclude– clinically meaningful benefits for patient-important outcomes^{5,6}. Furthermore, coating delays the absorption of aspirin by changing the main site of absorption from the stomach to the duodenum. Although some have hypothesized that these changes in the pharmacokinetic/ pharmacodynamic properties may impair the antithrombotic properties of aspirin and impact its efficacy^{7,8}, there are no high-quality comparisons with respect to efficacy outcomes such as ischemic stroke, myocardial infarction, and acute limb events

Air pollution is the fourth leading cause of mortality globally, annually responsible for 6.67 million deaths worldwide ⁹. Approximately half of the air pollution-related mortality is attributable to cardiovascular diseases ¹⁰. Air pollution can similarly increase the risk of nonfatal cardiovascular events such as myocardial infarction, ischemic stroke, and acute limb events ^{11,12}. Several pollutants, including particulate matter, carbon monoxide, ground-level ozone, lead, nitrogen dioxide, and sulfur dioxide have been linked to a wide range of adverse cardiovascular effects ^{12–15}. Depending on the pollutants' size, they can pass through the airways and enter the bloodstream, causing inflammation and oxidative stress ¹¹, and negatively impacting the cardiovascular system ^{16,17}. Short- and long-term exposure to particulate matter air pollution has been associated with an increased risk of hospitalization, morbidity, and mortality related to cardiovascular diseases ^{18–20}. Air pollution with particulate matter has been linked to an increased risk of stroke, acute myocardial infarction, heart failure, and atrial fibrillation ^{21–27}

Various approaches have been proposed to mitigate the health-related effects of air pollution at societal and individual levels. Regulations that aim to control pollution emissions by targeting fossil fuels, or factories with the likelihood of emitting pollutants in urban or suburban areas, and car traffic control strategies are resource-intensive and a subject of discussion in the medical academic community and elsewhere ^{28–30}

Individual-level interventions to mitigate the adverse effects of air pollution have recently received increasing attention ^{31,32}. Various interventions have been proposed, including text messaging via mobile phones to alert individuals about unhealthy air quality levels ^{31,33–35}, facemasks, and the use of air filtration systems. Furthermore, a number of studies have evaluated dietary interventions and demonstrated that some nutrients, especially vitamins C and E, may have the potential to mitigate the adverse effects of air pollutants on the cardiovascular system ^{36–39}. However, little is known about the effect of these interventions in reducing the incidence of clinically relevant outcomes such as myocardial infarction, stroke, and acute limb events

The purpose of the current randomized clinical trial is to compare the efficacy and safety of enteric-coated versus plain low-dose (81 mg) aspirin formulations in a double-blind fashion, and a multifaceted intervention including a one-page informational flashcard, cell phone message alerting on days with poor air quality to encourage patients not to spend time outdoors or to wear KN-95 facemasks outdoors in those days, and encouraging patients to consume citrus fruits on highly polluted days (hereafter referred to as hybrid strategy), versus usual care, in a randomized controlled trial (RCT) with a 2x2 factorial design

ضرورت اجرا

<p>Araban et al. study provided a framework to modify some psychosocial determinants of air pollution preventive behavior other than knowledge using constructs of the Transtheoretical model(TTM) of behavior change and suggests the importance of education. This study was a Randomized controlled trial performed on 104 pregnant women (53 in the intervention and 51 in the control group). The intervention included motivational interviewing, a booklet, and daily SMS messages for pregnant women. The TTM-based intervention was effective in increasing air pollution preventive behaviors among pregnant women. The intervention group showed significant improvements in stages of change, self-efficacy, perceived benefits, and practice regarding air .[pollution preventive behaviors</p> <p>Ren et al. evaluated whether dietary vitamin C supplementation can improve vascular health linked to particulate matter (PM) exposure in healthy young adults in Shijiazhuang, China. The study design was a Randomized double-blind crossover trial involving 58 healthy young adults and a Linear mixed-effect model was used to evaluate the effect of vitamin C supplementation. The result showed that - Vitamin C supplementation decreased inflammatory biomarkers and .blood pressure and increased glutathione peroxidase levels</p> <p>Guan et al. designed a double-blind, randomized, controlled crossover study to evaluate the effects of facemasks on airway inflammation and endothelial dysfunction in healthy young adults. The result of this study shows that N95 facemasks partially reduced acute particle-associated airway inflammation in healthy young adults. The exhaled nitric oxide level and the levels of interleukin-1α, interleukin-1β, and interleukin-6 in exhaled breath condensate increased significantly in all subjects; however, the increases in those wearing authentic facemasks were statistically significantly lower than in the placebo group</p>	<p>بررسی متون</p>
<p>Jacobsen AP, Raber I, McCarthy CP, et al. Lifelong Aspirin for All in the Secondary Prevention . 1 of Chronic Coronary Syndrome: Still Sacrosanct or Is Reappraisal Warranted? Circulation. .2020;142(16):1579-1590</p> <p>Zheng SL, Roddick AJ. Association of Aspirin Use for Primary Prevention With Cardiovascular .2 Events and Bleeding Events: A Systematic Review and Meta-analysis. Jama. .2019;321(3):277-287</p> <p>Sostres C, Lanas A. Gastrointestinal effects of aspirin. Nat Rev Gastroenterol Hepatol. .3 .2011;8(7):385-394</p> <p>Baron JA, Senn S, Voelker M, et al. Gastrointestinal adverse effects of short-term aspirin use: .4 .a meta-analysis of published randomized controlled trials. Drugs R D. 2013;13(1):9-16</p> <p>Gaziano JM, Brotons C, Coppolecchia R, et al. Use of aspirin to reduce risk of initial vascular .5 events in patients at moderate risk of cardiovascular disease (ARRIVE): a randomised, .double-blind, placebo-controlled trial. Lancet. 2018;392(10152):1036-1046</p> <p>Sleem A, Efron MB, Stebbins A, et al. Effectiveness and Safety of Enteric-Coated vs Uncoated .6 Aspirin in Patients With Cardiovascular Disease: A Secondary Analysis of the ADAPTABLE .Randomized Clinical Trial. JAMA cardiology. 2023;8(11):1061-1069</p>	<p>منابع</p>

Bhatt DL, Grosser T, Dong JF, et al. Enteric Coating and Aspirin Nonresponsiveness in .7
 .Patients With Type 2 Diabetes Mellitus. *J Am Coll Cardiol.* 2017;69(6):603–612

Maree AO, Curtin RJ, Dooley M, et al. Platelet response to low-dose enteric-coated aspirin in .8
 .patients with stable cardiovascular disease. *J Am Coll Cardiol.* 2005;46(7):1258–1263

GBD 2019 Risk Factors Collaborators. Global burden of 87 risk factors in 204 countries and .9
 territories, 1990–2019: a systematic analysis for the Global Burden of Disease Study 2019.
Lancet. 2020;396(10258):1223–1249

Pope III CA, Burnett RT, Thurston GD, et al. Cardiovascular mortality and long-term exposure . 10
 to particulate air pollution: epidemiological evidence of general pathophysiological pathways of
 .disease. *Circulation.*2004;109(1):71–77

Rajagopalan S, Al-Kindi SG, Brook RD. Air Pollution and Cardiovascular Disease: JACC . 11
 .State-of-the-Art Review. *J Am Coll Cardiol.* 2018;72(17):2054–2070

de Bont J, Jaganathan S, Dahlquist M, Persson Å, Stafoggia M, Ljungman P. Ambient air . 12
 pollution and cardiovascular diseases: An umbrella review of systematic reviews and
 .meta-analyses. *Journal of internal medicine.* 2022;291(6):779–800

Niu Y, Zhou Y, Chen R, et al. Long-term exposure to ozone and cardiovascular mortality in . 13
 .China: a nationwide cohort study. *The Lancet Planetary health.* 2022;6(6):e496–e503

Chen Z, Liu N, Tang H, et al. Health effects of exposure to sulfur dioxide, nitrogen dioxide, . 14
 ozone, and carbon monoxide between 1980 and 2019: A systematic review and meta-analysis.
Indoor air. 2022;32(11):e13170

Al-Kindi SG, Brook RD, Biswal S, Rajagopalan S. Environmental determinants of . 15
 cardiovascular disease: lessons learned from air pollution. *Nature reviews Cardiology.*
.2020;17(10):656–672

Health Effects of Particulate Matter: Policy implications for countries in eastern Europe, . 16
 Caucasus and central Asia. 2013;
[https://unece.org/fileadmin/DAM/env/documents/2012/air/WGE_31th/n_1_TFH_PM_paper_on_he](https://unece.org/fileadmin/DAM/env/documents/2012/air/WGE_31th/n_1_TFH_PM_paper_on_health_effects_-_draft_for_WGE_comments.pdf)
 .alth_effects_-_draft_for_WGE_comments.pdf. Accessed January 9, 2024

Anderson JO, Thundiyil JG, Stolbach A. Clearing the air: a review of the effects of particulate . 17
 .matter air pollution on human health. *J Med Toxicol.* 2012;8:166–175

Liu C, Chen R, Sera F, et al. Ambient particulate air pollution and daily mortality in 652 cities. . 18
N Engl J Med. 2019;381(8):705–715

Zhang Y, Ma R, Ban J, et al. Risk of cardiovascular hospital admission after exposure to fine . 19
 .particulate pollution. *J Am Coll Cardiol.* 2021;78(10):1015–1024

Brook RD, Rajagopalan S, Pope CA, 3rd, et al. Particulate matter air pollution and .20
 cardiovascular disease: An update to the scientific statement from the American Heart
 .Association. *Circulation.* 2010;121(21):2331–2378

Kulick ER, Eliot MN, Szpiro AA, et al. Long-term exposure to ambient particulate matter and .21
 .stroke etiology: Results from the Women's Health Initiative. *Environ Res.* 2023;224:115519

Huynh QL, Blizzard CL, Marwick TH, Negishi K. Association of ambient particulate matter with heart failure incidence and all-cause readmissions in Tasmania: an observational study. *BMJ*. 2018;8(5)

Shah AS, Langrish JP, Nair H, et al. Global association of air pollution and heart failure: a systematic review and meta-analysis. *Lancet*. 2013;382(9897):1039–1048

Mustafi H, Jabre P, Caussin C, et al. Main air pollutants and myocardial infarction: a systematic review and meta-analysis. *JAMA*. 2012;307(7):713–721

Cai X, Li Z, Scott EM, Li X, Tang M. Short-term effects of atmospheric particulate matter on myocardial infarction: a cumulative meta-analysis. *Environ Sci Pollut Res Int*. 2016;23:6139–6148

Ljungman PL, Berglind N, Holmgren C, et al. Rapid effects of air pollution on ventricular arrhythmias. *Eur Heart J*. 2008;29(23):2894–2901

Link MS, Luttmann-Gibson H, Schwartz J, et al. Acute exposure to air pollution triggers atrial fibrillation. *J Am Coll Cardiol*. 2013;62(9):816–825

Langrish JP, Li X, Wang S, et al. Reducing personal exposure to particulate air pollution improves cardiovascular health in patients with coronary heart disease. *Environ Health Perspect*. 2012;120(3):367–372

Barrett JR. Air pollution intervention: study links use of face masks to improved cardiovascular outcomes. *Environ Health Perspect*. 2012

Hadley MB, Baumgartner J, Vedanthan R. Developing a clinical approach to air pollution and cardiovascular health. *Circulation*. 2018;137(7):725–742

Guan T, Hu S, Han Y, et al. The effects of facemasks on airway inflammation and endothelial dysfunction in healthy young adults: a double-blind, randomized, controlled crossover study. Part 1. *Fibre Toxicol*. 2018;15:1–12

Morishita M, Wang L, Speth K, et al. Acute blood pressure and cardiovascular effects of near-roadway exposures with and without N95 respirators. *Am J Hypertens*. 2019;32(11):1054–1065

Morishita M, Adar SD, D'Souza J, et al. Effect of portable air filtration systems on personal exposure to fine particulate matter and blood pressure among residents in a low-income senior facility: a randomized clinical trial. *JAMA Intern Med*. 2018;178(10):1350–1357

Araban M, Tavafian SS, Zarandi SM, Hidarnia AR, Burri A, Montazeri A. A behavioral strategy to minimize air pollution exposure in pregnant women: a randomized controlled trial. *Environ Health Prev Med*. 2017;22(1):1–8

Jasemzadeh M, Khafaie MA, Jaafarzadeh N, Araban M. Effectiveness of a theory-based mobile phone text message intervention for improving protective behaviors of pregnant women against air pollution: a randomized controlled trial. *Environ Sci Pollut Res Int*. 2018;25:6648–6655

Ren J, Liang J, Wang J, et al. Vascular benefits of vitamin C supplementation against fine particulate air pollution in healthy adults: A double-blind randomised crossover trial. *Ecotoxicol Environ Saf*. 2022;241:113735

- Eatemadyboroujeni A, Kargarfard M, Alaei H. Can vitamin C supplementation reverse the .37 effects of exercise training in polluted air on oxidative stress markers? A randomized controlled .trial. *ARYA atherosclerosis*. 2021;17(1):1–9
- Du X, Jiang S, Bo L, et al. Combined effects of vitamin E and omega–3 fatty acids on .38 .protecting ambient PM(2.5)–induced cardiovascular injury in rats. *Chemosphere*. 2017;173:14–21
- Li H, Cai M, Li H, et al. Is dietary intake of antioxidant vitamins associated with reduced .39 adverse effects of air pollution on diabetes? Findings from a large cohort study. *Ecotoxicol .Environ Saf*. 2022;246:114182
- Schulman S, Kearon C. Definition of major bleeding in clinical investigations of antihemostatic .40 medicinal products in non–surgical patients. *Journal of thrombosis and haemostasis : JTH*. 2005;3(4):692–694
- U.S. Environmental Protection Agency. Air Quality Index (AQI) Basics. .41 <https://www.airnow.gov/aqi/aqi-basics/>. Accessed January 9, 2024
- U.S. Environmental Protection Agency. Technical Assistance Document for the Reporting of .42 Daily Air Quality. <https://www.airnow.gov/sites/default/files/2020-05/aqi-technical-assistance-document-sept2018.pdf>. Accessed January 10, 2024
- .43 <https://airnow.tehran.ir/>. Accessed January 10, 2024 شهرداری تهران. شاخص آلودگی هوا تهران
- .44 <https://aqms.doe.ir/>. Accessed January 10, 2024 سازمان حفاظت محیط زیست ایران. سامانه پایش کیفی هوای کشور
- U.S. Department of Agriculture. Nutrients: Vitamin C, Total Ascorbic Acid (mg). .45 www.nal.usda.gov/sites/www.nal.usda.gov/files/vitamin_c.pdf. Accessed January 9, 2024
- Emrani Z, Akbari Sari A, Zeraati H, Olyaeemanesh A, Daroudi R. Health–related quality of life .46 measured using the EQ–5D–5L: population norms for the capital of Iran. *Health and quality of .life outcomes*. 2020;18(1):108
- EuroQol—a new facility for the measurement of health–related quality of life. *Health policy* .47 .(Amsterdam, Netherlands). 1990;16(3):199–208
- Spitzer RL, Kroenke K, Williams JB, Löwe B. A brief measure for assessing generalized .48 .anxiety disorder: the GAD–7. *Archives of internal medicine*. 2006;166(10):1092–1097
- Bozkurt B, Hershberger RE, Butler J, et al. 2021 ACC/AHA Key Data Elements and Definitions .49 for Heart Failure: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Data Standards (Writing Committee to Develop Clinical Data Standards for .Heart Failure). *Circ Cardiovasc Qual Outcomes*. 2021;14(4):e000102
- Levey AS, Stevens LA, Schmid CH, et al. A new equation to estimate glomerular filtration rate. .50 *Ann Intern Med*. 2009;150(9):604–612
- Cheung AK, Chang TI, Cushman WC, et al. KDIGO 2021 Clinical Practice Guideline for the .51 Management of Blood Pressure in Chronic Kidney Disease. *Kidney International*. 2021;99(3):S1–S87

Levey AS, Eckardt K-U, Tsukamoto Y, et al. Definition and classification of chronic kidney disease: A position statement from Kidney Disease: Improving Global Outcomes (KDIGO). *Kidney International*. 2005;67(6):2089–2100 .52

Dehmer GJ, Badhwar V, Bermudez EA, et al. 2020 AHA/ACC Key Data Elements and Definitions for Coronary Revascularization: A Report of the American College of Cardiology/American Heart Association Task Force on Clinical Data Standards (Writing Committee to Develop Clinical Data Standards for Coronary Revascularization). *Circulation: Cardiovascular Quality and Outcomes*. 2020;13(4):e000059 .53

Reddel HK, Taylor DR, Bateman ED, et al. An Official American Thoracic Society/European Respiratory Society Statement: Asthma Control and Exacerbations. *American Journal of Respiratory and Critical Care Medicine*. 2009;180(1):59–99 .54

Burge S, Wedzicha JA. COPD exacerbations: definitions and classifications. *European Respiratory Journal*. 2003;21(41 suppl):46s–53s .55

Eikelboom JW, Connolly SJ, Bosch J, et al. Rivaroxaban with or without Aspirin in Stable Cardiovascular Disease. *The New England journal of medicine*. 2017;377(14):1319–1330 .56

Laine L, Barkun AN, Saltzman JR, Martel M, Leontiadis GI. ACG Clinical Guideline: Upper Gastrointestinal and Ulcer Bleeding. *Official journal of the American College of Gastroenterology | ACG*. 2021;116(5):899–917 .57

Strate LL, Gralnek IM. ACG Clinical Guideline: Management of Patients With Acute Lower Gastrointestinal Bleeding. *Official journal of the American College of Gastroenterology | ACG*. 2016;111(4):459–474 .58

Garcia-Garcia HM, McFadden EP, Farb A, et al. Standardized End Point Definitions for Coronary Intervention Trials: The Academic Research Consortium–2 Consensus Document. *Circulation*. 2018;137(24):2635–2650 .59

Abraham WT, Psofka MA, Fiuzat M, et al. Standardized Definitions for Evaluation of Heart Failure Therapies: Scientific Expert Panel From the Heart Failure Collaboratory and Academic Research Consortium. *JACC: Heart Failure*. 2020;8(12):961–972 .60

Eikelboom JW, Connolly SJ, Bosch J, et al. Rivaroxaban with or without Aspirin in Stable Cardiovascular Disease. *New England Journal of Medicine*. 2017;377(14):1319–1330 .61

Hindricks G, Potpara T, Dagres N, et al. 2020 ESC Guidelines for the diagnosis and management of atrial fibrillation developed in collaboration with the European Association for Cardio-Thoracic Surgery (EACTS): The Task Force for the diagnosis and management of atrial fibrillation of the European Society of Cardiology (ESC) Developed with the special contribution of the European Heart Rhythm Association (EHRA) of the ESC. *European Heart Journal*. 2020;42(5):373–498 .62

Mandell LA, Wunderink RG, Anzueto A, et al. Infectious Diseases Society of America/American Thoracic Society consensus guidelines on the management of community-acquired pneumonia in adults. *Clin Infect Dis*. 2007;44 Suppl 2(Suppl 2):S27–72 .63

Long CA, Mulder H, Fowkes FGR, et al. Incidence and Factors Associated With Major Amputation in Patients With Peripheral Artery Disease. *Circulation: Cardiovascular Quality and* .64

.Outcomes. 2020;13(7):e006399

Moayyedi P, Lacy BE, Andrews CN, Enns RA, Howden CW, Vakil N. ACG and CAG Clinical .65
Guideline: Management of Dyspepsia. The American journal of gastroenterology.
.2017;112(7):988–1013

Bhatt DL, Cryer BL, Contant CF, et al. Clopidogrel with or without Omeprazole in Coronary .66
.Artery Disease. New England Journal of Medicine. 2010;363(20): 1909–1917

Grundy SM, Stone NJ, Bailey AL, et al. 2018 .67
AHA/ACC/AACVPR/AAPA/ABC/ACPM/ADA/AGS/APhA/ASPC/NLA/PCNA Guideline on the
Management of Blood Cholesterol: A Report of the American College of Cardiology/American
Heart Association Task Force on Clinical Practice Guidelines. Circulation.
.2019;139(25):e1082–e1143

Kaatz S, Ahmad D, Spyropoulos AC, Schulman S. Definition of clinically relevant non–major .68
bleeding in studies of anticoagulants in atrial fibrillation and venous thromboembolic disease in
non–surgical patients: communication from the SSC of the ISTH. Journal of thrombosis and
.haemostasis : JTH. 2015;13(11):2119–2126

Lan J, Song Z, Miao X, et al. Skin damage among health care workers managing coronavirus .69
.disease–2019. J Am Acad Dermatol. 2020;82(5): 1215–1216

Thatiparthi A, Liu J, Martin A, Wu JJ. Adverse Effects of COVID–19 and Face Masks: A .70
.Systematic Review. J Clin Aesthet Dermatol. 2021;14(9 Suppl 1):S39–s45

Yusuf S, Zhao F, Mehta SR, Chrolavicius S, Tognoni G, Fox KK. Effects of clopidogrel in .71
addition to aspirin in patients with acute coronary syndromes without ST–segment elevation. The
.New England journal of medicine. 2001;345(7):494–502

Steinhubl SR, Berger PB, Mann JT, 3rd, et al. Early and sustained dual oral antiplatelet .72
therapy following percutaneous coronary intervention: a randomized controlled trial. Jama.
.2002;288(19):2411–2420

Bhatt DL, Fox KA, Hacke W, et al. Clopidogrel and aspirin versus aspirin alone for the .73
prevention of atherothrombotic events. The New England journal of medicine.
.2006;354(16):1706–1717

Bonaca MP, Bhatt DL, Cohen M, et al. Long–term use of ticagrelor in patients with prior .74
.myocardial infarction. The New England journal of medicine. 2015;372(19):1791–1800

Koo BK, Kang J, Park KW, et al. Aspirin versus clopidogrel for chronic maintenance .75
monotherapy after percutaneous coronary intervention (HOST–EXAM): an investigator–initiated,
prospective, randomised, open–label, multicentre trial. Lancet (London, England).
.2021;397(10293):2487–2496

Kassaian SE, Masoudkabar F, Sezavar H, et al. Clinical characteristics, management and .76
1–year outcomes of patients with acute coronary syndrome in Iran: the Iranian Project for
.Assessment of Coronary Events 2 (IPACE2). BMJ open. 2015;5(12):e007786

Ralapanawa U, Kumarasiri PVR, Jayawickreme KP, et al. Epidemiology and risk factors of .77
patients with types of acute coronary syndrome presenting to a tertiary care hospital in Sri Lanka.

.BMC cardiovascular disorders. 2019;19(1):229

Ogata S, Marume K, Nakai M, et al. Incidence Rate of Acute Coronary Syndrome Including .78 Acute Myocardial Infarction, Unstable Angina, and Sudden Cardiac Death in Nobeoka City for the Super-Aged Society of Japan. Circulation journal : official journal of the Japanese Circulation .Society. 2021;85(10):1722-1730

Gibson WJ, Gibson CM, Yee MK, et al. Safety and Efficacy of Rivaroxaban When Added to .79 Aspirin Monotherapy Among Stabilized Post-Acute Coronary Syndrome Patients: A Pooled .Analysis Study of ATLAS ACS-TIMI 46 and ATLAS ACS 2-TIMI 51. 2019;8(5):e009451

de Peretti C, Nicolau J, Tuppin P, Schnitzler A, Woimant F. [Acute and post-acute .80 hospitalizations for stroke in France: recent improvements (2007-2009)]. Presse medicale (Paris, .France : 1983). 2012;41(5):491-503

Beinart SC, Kolm P, Veledar E, et al. Long-term cost effectiveness of early and sustained .81 dual oral antiplatelet therapy with clopidogrel given for up to one year after percutaneous coronary intervention results: from the Clopidogrel for the Reduction of Events During Observation .(CREDO) trial. Journal of the American College of Cardiology. 2005;46(5):761-769

Baigent C, Blackwell L, Collins R, et al. Aspirin in the primary and secondary prevention of .82 vascular disease: collaborative meta-analysis of individual participant data from randomised trials. .Lancet (London, England). 2009;373(9678): 1849-1860

Shor E, Roelfs D, Vang ZM. The "Hispanic mortality paradox" revisited: Meta-analysis and .83 meta-regression of life-course differentials in Latin American and Caribbean immigrants' .mortality. Social science & medicine (1982). 2017;186:20-33

OBJECTIVES .1

Aspirin randomization .1

:Main objective .1

To compare the effect of low-dose (81mg) enteric-coated versus plain aspirin once daily • on a composite of fatal or non-fatal ischemic stroke (not deemed to be related to systematic hypotension), type I myocardial infarction, acute limb events, or acute or subacute stent thrombosis

:Other objectives .1

To compare the effect of enteric-coated versus plain low-dose (81 mg) aspirin once daily • in reducing a composite of major gastrointestinal bleeding, or new upper gastrointestinal bleeding not meeting criteria for major bleeding but leading to urgent endoscopy (severity according to the International Society on Thrombosis and Haemostasis criteria 40), or new endoscopically-confirmed gastroduodenal ulcer

To determine the effect of enteric-coated versus plain low-dose (81mg) aspirin once daily • on all-cause death

To explore the robustness of the findings in key subgroups, such as female vs male • individuals, patients aged 65 years and older vs those who are younger, patients with versus those without diabetes, patients with ASCVD based on the involved vascular bed (cerebrovascular, coronary, peripheral, or >1 vascular bed[1]), those receiving concomitant

اهداف: هدف اصلی، اهداف
اختصاصی، هدف کاربردی

antithrombotic therapy with other agents, and others

Hybrid strategy randomization .2

Main objective .1

To compare the effect of hybrid strategy versus usual care to mitigate the cardiovascular • hazards of air pollution as assessed by a composite of non–fatal ischemic stroke (not deemed to be related to systolic hypotension), type I myocardial infarction, acute limb events, or cardiovascular death in patients with documented ASCVD

:Other objectives .1

To compare the effect of hybrid strategy versus usual care to mitigate the cardiovascular • hazards of air pollution on individual components of the primary composite outcome, including non–fatal ischemic stroke (not deemed to be related to systolic hypotension), type I myocardial infarction, acute limb events, and cardiovascular death in patients with documented ASCVD

To explore the robustness of the findings in key subgroups, such as female vs male • individuals, patients aged 65 years and older vs those who are younger, patients with versus those without diabetes, patients with ASCVD based on the involved vascular bed (cerebrovascular, coronary, peripheral, or >1 vascular bed), those receiving concomitant antithrombotic therapy with other agents, and others

To compare the effect of hybrid strategy versus usual care to mitigate the respiratory • hazards of air pollution as assessed by a composite of hospitalizations for COPD .exacerbation, asthmatic attacks, or pneumonia

To compare the change in the health–related quality of life in participants randomized to • the hybrid strategy versus usual care

To compare the change in the level of anxiety in participants randomized to the hybrid • strategy versus usual care

To compare the effect of hybrid strategy versus usual care on non–elective cardiovascular • hospitalization

To assess patients’ adherence to the individual components of the hybrid strategy in • participants randomized to the hybrid strategy

To assess patients’ satisfaction with the hybrid strategy in participants randomized to the • hybrid strategy

To record potential adverse effects (e.g., adverse cardiovascular and respiratory events, • bleeding events, anxiety, and severe mask–related skin reactions) in patients randomized to the hybrid strategy versus usual care

فرضیات یا سوالات پژوهشی

Aspirin Randomization: ###

1. **Main Objective:**

– *Question:* How does the effect of low–dose (81mg) enteric–coated aspirin compare to plain aspirin once daily in terms of a composite of fatal or non–fatal ischemic stroke (not deemed related to systematic hypotension), type I myocardial infarction, acute limb events, or acute or ?subacute stent thrombosis

Other Objectives:**** .2

– *Question:* What is the comparative effect of enteric–coated versus plain low–dose (81 mg)

aspirin once daily in reducing a composite of major gastrointestinal bleeding or new upper gastrointestinal bleeding not meeting criteria for major bleeding but leading to urgent endoscopy?

– *Question:* How does enteric-coated versus plain low-dose (81mg) aspirin once daily impact all-cause death?

– *Question:* In key subgroups (e.g., female vs male, patients aged 65 years and older vs younger, patients with vs without diabetes), what is the robustness of the findings concerning the effect of enteric-coated versus plain aspirin

Hybrid Strategy Randomization: ###

1. **Main Objective:**

– *Question:* What is the comparative effect of the hybrid strategy versus usual care in mitigating the cardiovascular hazards of air pollution, as assessed by a composite of non-fatal ischemic stroke, type I myocardial infarction, acute limb events, or cardiovascular death in patients with documented ASCVD

Other Objectives:**** .2

– *Question:* How does the hybrid strategy versus usual care impact individual components of the primary composite outcome, including non-fatal ischemic stroke, type I myocardial infarction, acute limb events, and cardiovascular death in patients with documented ASCVD?

– *Question:* In key subgroups, such as female vs male, patients aged 65 years and older vs younger, and patients with vs without diabetes, what is the robustness of the findings concerning the effect of the hybrid strategy on cardiovascular hazards of air pollution?

– *Question:* What is the effect of the hybrid strategy versus usual care in mitigating the respiratory hazards of air pollution, as assessed by a composite of hospitalizations for COPD exacerbation, asthmatic attacks, or pneumonia?

– *Question:* How do changes in health-related quality of life and anxiety compare in participants randomized to the hybrid strategy versus usual care?

– *Question:* What is the impact of the hybrid strategy versus usual care on non-elective cardiovascular hospitalization?

– *Question:* How do patients' adherence to the individual components of the hybrid strategy and their satisfaction with the strategy compare in participants randomized to the hybrid strategy?

– *Question:* What potential adverse effects (e.g., adverse cardiovascular and respiratory events, bleeding events, anxiety, and severe mask-related skin reactions) are recorded in patients randomized to the hybrid strategy versus usual care

a structured questionnaire will be utilized for the initial data collection of patient information. Subsequently, during follow-up assessments, the questionnaire will be employed to evaluate and document the temporal progression of outcomes and changes aligned with the study's objectives

مشخصات ابزار جمع آوری
اطلاعات و نحوه جمع آوری
آن

DESIGN .1

Multicenter randomized controlled trial with a 2x2 factorial design with double-blind • randomization with 1:1 allocation ratio to low-dose enteric-coated vs plain aspirin, and open-label randomization with 1:1 allocation ratio to hybrid strategy to reduce the cardiovascular effects of air pollution vs usual care. Randomization will be performed via an electronic web-based system with a concealed allocation sequence. All outcomes will be adjudicated by a Clinical Events Committee blinded to the assigned treatments

روش اجرا

SETTING .1

:Teaching hospitals in Tehran province, Iran will be involved, including the following •

Rajaie Cardiovascular Medical and Research Center, Tehran, Iran .1

Tehran Heart Center, Tehran, Iran .2

Firoozgar General Hospital, Tehran, Iran .3

Imam Khomeini Hospital, Tehran, Iran .4

Rasoul-e-Akram Hospital, Tehran, Iran .5

Additional centers may be involved for patient recruitment, at the discretion of the Steering .Committee

PARTICIPANTS .1

Patients with documented ASCVD who meet the eligibility criteria will be considered for enrollment in the first (enteric-coated vs plain low-dose aspirin) and the second randomization (air pollution .reduction hybrid strategy). Each randomization will be powered for its primary outcome

:Documented ASCVD will be categorized as follows

:(Coronary artery disease (CAD •

Previous or recent documented type I myocardial infarction *(if not specified, will be •
(assumed as type I

History of coronary revascularization (percutaneous coronary intervention or coronary •
(artery bypass graft surgery

History of obstructive CAD (>50% stenosis) documented by coronary computed •
tomography (CT) or conventional angiography

:(Peripheral arterial disease (PAD •

(Previous or recent acute ischemic limb event (>7 days prior •

History of previous endovascular/surgical lower or upper extremities revascularization for •
an atherosclerotic cause

.History of ulcer or lower extremities amputation due to ASCVD •

:(Carotid arterial diseases •

History of previous endovascular/surgical carotid artery revascularization for •
atherosclerotic cause

History of > 50% carotid artery stenosis based on documented imaging tests (Duplex US, •
(CT angiography, magnetic resonance angiography, or conventional angiography

:(Ischemic stroke •

History of recent or previous documented ischemic stroke not due to atrial fibrillation, •
endocarditis, or systemic hypoperfusion/hypotension being treated with low-dose aspirin

STATISTICAL CONSIDERATIONS AND SAMPLE SIZE CALCULATION .1

Determining the control arm event rate for efficacy analysis (assumed event rate .1
(for the primary efficacy outcome with coated low-dose aspirin

For sample size estimates for the aspirin formulation randomization, there were no prior
randomized comparisons in a similar (secondary prevention) patient population with at least one
year of follow-up information or longer. We were similarly unable to find prior large prospective

روش محاسبه حجم نمونه و
تعداد آن

high-quality observational studies in the secondary prevention population that reported the event rates for patients receiving exclusively plain aspirin, or exclusively enteric-coated aspirin. In this context, we approximated the control arm event rate for the composite thrombotic cardiovascular outcomes using data from prior prospective studies in Europe/North America.⁷¹⁻⁷⁵ In addition, it was considered that the event rates are likely different (higher) in the enrolling sites in Iran, as a result of issues such as limited availability to certain therapies, or air pollution being a major contributor to excess event rates. Therefore, we obtained data about durable event rates in a secondary prevention population who received low-dose aspirin from prospective studies in Iran, as well

Estimates for event rates in the Europe/North American studies were based on published event rates, with some approximation to accommodate the primary outcome considered for aspirin randomization in COATED (Table 5). For cardiovascular outcomes, the RCTs provided the composite of cardiovascular death, non-fatal MI, and stroke with the pooled estimated incidence at 24 months of 12.14% (95% CI 6.38% – 17.90%) (Figure 2). In contrast, the RCTs did not report acute limb events, which needs to be factored in. Based on the COMPASS trial⁵⁶, the addition of acute limb events can increase the number of events by approximately 5% (4% – 6%). Therefore, based on approximation from the RCTs, the estimated incidence of composite cardiovascular death, non-fatal MI, stroke, and acute limb events at 24 months will be 12.75% (95% CI 6.70% – 18.80%)

In order to obtain estimates for event rates from Iran, the published literature was reviewed carefully, and only a single study was deemed to include a prospective design, rigorous quality for outcomes reporting, and a sufficient number of patients to be considered for inclusion.⁷⁶ The IPACE2 study from Iran⁷⁶ reported the composite of stroke/transient ischemic attack (TIA), acute coronary syndrome (ACS), and all-cause mortality with an estimated 24-month incidence of 30.00% (95% CI 27.78% – 32.22%) (Figure 2). Non-cardiac death contributed to 20 out of 246 (8.1%) total events. Moreover, prior studies have shown that nearly one-third of ACS events are related to unstable angina⁷⁷⁻⁷⁹. Therefore, it was inferred that roughly 52 out of 156 ACS events (52/246 total events: 21.1%) in this study were related to unstable angina and not MI. In addition, prior studies have demonstrated that nearly 23% of acute cerebrovascular events are due to TIA, not stroke⁸⁰. Thus, it can be assumed that 5 out of 20 stroke/TIA events (5/246 total events: 2.0%) in this study were due to TIA, and not stroke. In contrast, the study did not report on acute limb events. Therefore, based on these assumptions, to provide an estimated incidence of composite cardiovascular death, non-fatal MI, stroke, and acute ischemic limb events based on this Iranian prospective cohort study, we subtracted 31.2% of the accrued events (related to non-cardiac death, unstable angina, and TIA) and then add 5% for acute limb events. Therefore, the estimated incidence of composite cardiovascular death, non-fatal MI, stroke, and acute limb events in 24 months based on this Iranian prospective cohort study will be 21.59% (95% CI 18.52% – 25.01%)

ETHICAL CONSIDERATIONS .1

The study protocol along with patient informed consent will be approved by the Rajaie

ملاحظات اخلاقی

<p>Cardiovascular Medical and Research Center (RHC) Ethics Committee, which is valid across all other participating hospitals. Each site PI will discuss the study goals, explain each investigational therapeutic strategy, and the potential risk and benefits of participating in the trial with the patient or their next of kin, in case patients are not conscious or able to make decisions. For those agreeing to participate, a written informed consent will be signed by the patients/their next of kin. During and after the trial, the researchers ensure that adequate medical care is provided to participants whenever any adverse event or complication associated with the trial occurs. In addition, any investigation-related complication related to the research will be communicated with .the participants followed up, and treated for free</p>	
<p>Patients may be reluctant to participate in this study; however, by elucidating the benefits that this .program aims to achieve, it is possible to persuade them to engage</p>	<p>محدودیت‌های اجرایی طرح وروش کاهش آنها</p>
<p>ELIGIBILITY CRITERIA .1 :(Inclusion Criteria (applies similarly for both randomizations (Adult patients (≥18 years) with documented ASCVD (defined as mentioned in section VII .1 Inhabitant of Tehran province .2 Willing to participate and able to provide written informed consent .3</p>	<p>معیارهای ورود (فقط مربوط به طرح‌های کارآزمایی بالینی)</p>
<p>:Exclusion Criteria Being within 72 days of acute/unstable ASCVD events (acute myocardial infarction, acute .1 limb event, and acute ischemic stroke), post-elective revascularization, or receiving triple antithrombotic therapy Active bleeding .2 History of upper gastrointestinal bleeding within the past 30 days .3 History of intracranial hemorrhage within the past 30 days .4 End-stage kidney disease with estimated creatinine clearance < 15 mL/min, or undergoing .5 hemodialysis or peritoneal dialysis Known aspirin sensitivity without prior successful desensitization .6 Known comorbidities associated with poor prognosis (e.g., metastatic cancer) in .7 conjunction with an estimated life expectancy of less than one year according to the treating clinician Vascular disease known exclusively to be from causes other than atherosclerosis .8 (spontaneous coronary or peripheral dissection (fibromuscular dysplasia, segmental arterial mediolysis) or vasculitis such as Takayasu arteritis, Buerger's disease (i.e., thromboangiitis obliterans), and Churg-Strauss syndrome Inherited or acquired severe coagulopathies including hemophilia and decompensated .9 liver cirrhosis Any other conditions that make the participants unsuitable for recruitment or follow-up, .10 e.g., illiteracy Not having aspirin as part of the planned durable treatment regimen .11 Known allergy to KN-95 or other masks, or citrus fruits .12</p>	<p>معیارهای خروج (فقط مربوط به طرح‌های کارآزمایی بالینی)</p>

<p>Any facial dysmorphia that makes the patient unable or unwilling to wear a face mask . 13</p> <p>Any medical condition necessitating unblinded facemask use for outdoor activities at the discretion of the treating clinician, or based on patient preference . 14</p> <p>Inability to receive/read text messages/phone calls by personal mobile phone . 15</p> <p>Unwillingness to participate, such as hesitation to wear a mask, claustrophobia, or anxiety disorder that makes the patient unable to wear a mask, if randomized . 16</p>	
<p>RANDOMIZATION . 1</p> <p>Permuted block randomization with block sizes of 4, 8, and 12 chosen randomly via an electronic web-based system will be used for the study. The first randomization will occur for aspirin formulation (enteric-coated versus plain). Patients who meet the criteria and agree to be randomized for the first randomization will be randomized for the second randomization (hybrid strategy to reduce the cardiovascular adverse effects of air pollution vs usual care) stratified by the aspirin randomization groups (see Trial Schema, below). The specifications for the generation of the randomization schedule will be prepared by the study biostatistician and the Steering Committee.</p> <p>An independent biostatistician, not otherwise part of the study team, will generate the randomization schedule. For this study, the randomization schedule refers to a list that includes the subject identification number, randomization block number, randomization code, and the allocated treatment.</p>	<p>چگونگی تصادفی سازی و Concealment (فقط مربوط به طرحهای کارآزمایی بالینی)</p>
<p>INTERVENTIONS AND COMPARATORS . 1</p> <p>In the present RCT with a 2x2 factorial design, two separate interventions will be tested, and each will have a separate comparator (see Trial Schema for details).</p> <p>First randomization: Aspirin formulation . 1</p> <p>INTERVENTION. Enteric-coated aspirin tablets 81 mg once daily</p> <p>Second randomization: Mitigation hybrid strategy to reduce the cardiovascular adverse effects of air pollution . 1</p> <p>INTERVENTION. A hybrid strategy inclusive of</p> <p>1. A one-page flashcard briefly describing the adverse cardiovascular effects of air pollution (and the AIR individual-level strategies to potentially mitigate these effects (Figure 1A</p> <p>2. Alerting patients on polluted days (defined as air quality index (AQI) ≥ 131) (Table 1) by sending cell phone text messages and recommending to not go outdoors or minimize outdoor activities (especially exercising) on those days. This will also be accompanied by periodic phone calls to ascertain that the patients receive the messages and are attentive to them</p> <p>3. Wearing KN-95 facemasks (provided by the investigators of this study) as a physical barrier against air pollution on highly polluted days (defined as AQI ≥ 131) in case the patient cannot avoid going outdoors</p> <p>4. Dietary intervention by encouraging patients to consume citrus fruits (as quantified in</p>	<p>تعریف گروه مداخله (فقط مربوط به طرحهای کارآزمایی بالینی)</p>

<p>.Table 2, such as one medium orange) during days with AQI \geq 131</p>	
<p>First randomization: Aspirin formulation . 1</p> <p>COMPARATOR. Plain aspirin 81 mg tablets once daily</p> <p>Second randomization: Mitigation hybrid strategy to reduce the cardiovascular adverse . 1 effects of air pollution</p> <p>COMPARATOR. No active strategy (usual care) related to air pollution. A control card will be shared with the patients randomized to the control group, which will only include a logo of the .(enrolling center (Figure 1B</p>	<p>تعریف گروه شاهدبامقایسه (فقط مربوط به طرحهای کارآزمایی بالینی)</p>
<p>PREPARATION/HANDLING/STORAGE/ACCOUNTABILITY . 1</p> <p>Both enteric-coated and plain aspirin formulations will be manufactured as prepared tablets with identical appearance and shape by, the Actover Pharmaceutical Company, Tehran, Iran, and stored in similar bottles. The company will donate the study drugs in kind, but will have no other role in the design or conduct of the study. Each bottle contains one hundred tablets of either enteric-coated or plain aspirin formulations and has a label indicating the blinded drug name (aspirin 81 mg without referring to coating or lack thereof), number of tablets per bottle, bottle number, storage condition, instruction and route of administration, protocol number, and blinded .batch number</p> <p>Aspirin bottles will initially be transported to the Rajaie Cardiovascular Medical and Research Center (RCMRC) by an industry-authorized courier, and delivered to the product storage manager at RCMRC. Furthermore, all study KN-95 facemasks and educational flashcards will be provided by the RCMRC. To be dispensed between other study sites, study materials (i.e., aspirin bottles, KN-95 facemasks, and educational flashcards) will be distributed by the assigned product storage manager, and a specified courier, authorized by the RCMRC, transferred to each site. A site-specific dispenser authorized by their site will receive the distributed products at each site and will be trained to secure and maintain the study drugs and other material and to avoid intentional or unintentional attempts at breaking the blind. A drug accountability record, containing the information about the date and amount of received materials, identification (name, surname, and cell phone number) of the product storage manager, couriers, and site-specific dispensers, will be completed and signed by each party in every single drug delivery session. All drug accountability records will be returned to the distributing party and faxed to both the receiving .party and the sponsor</p> <p>All study materials will be stored in a secure and access-limited place at each study center adhering to environmental conditions (temperature, light, and humidity) recommended for storage .of the study drugs</p> <p>After being recruited and randomized for both randomizations, each participant will be given 2 bottles of the aspirin tablets (based on the allocated group, although patients and staff will remain blinded), and if in the hybrid strategy arm, NN numbers of KN-95 facemasks and an educational flashcard (only at the end of the initial visit). The process will be repeated during every on-site follow-up visits by the site-specific dispenser. For this purpose, the site-specific dispenser, who</p>	<p>چگونگی کورسازی (Blinding) (فقط مربوط به طرحهای کارآزمایی بالینی)</p>

<p>has unblinded access to the randomization group and allocated treatments, will be notified by the enrolling/visiting study physician, and subsequently provide the study materials based on the randomization group of the patient. The dispenser will label each bottle of aspirin with the trial order of the patient (starts at 10001 as the first patient) and the number order of bottles delivered to the patient. After delivering the study materials to the patient, a receipt, containing the information about the date and quantity of the materials being delivered, and the identification (name and surname, relationship with the patient, and signature) of the person receiving the study materials will be given by the dispenser. Moreover, at every onsite follow-up visit, unused aspirin tablets and their bottles will be collected by the dispenser, before delivering the new study materials.</p>	
<p>STUDY OUTCOMES .1</p> <p>First randomization: Aspirin formulation</p> <p>:Efficacy Outcomes .1</p> <p>Primary: Composite of fatal or nonfatal ischemic stroke (not deemed to be related .1 to systemic hypotension), type I myocardial infarction, acute limb events, and acute or subacute stent thrombosis</p> <p>:Secondary .2</p> <p>.(Ischemic stroke (not deemed to be related to systematic hypotension .1</p> <p>Type I myocardial infarction .2</p> <p>Acute limb event .3</p> <p>All-cause death .4</p> <p>Cardiovascular death .5</p> <p>Unplanned vascular hospitalization .6</p> <p>:Exploratory .3</p> <p>Stent thrombosis .1</p> <p>Unplanned revascularization .2</p> <p>Major amputation .3</p> <p>HF hospitalization .4</p> <p>:Safety Outcomes .2</p> <p>Primary: Composite of ISTH major or clinically-relevant non-major GI bleeding .1 and new symptomatic diagnosed gastroduodenal ulcer</p> <p>:Secondary .2</p> <p>Upper GI bleeding .1</p> <p>Clinically relevant non-major GI bleeding (any non-major GI bleeding .2 (needing medical attention or intervention</p> <p>Any Major bleeding, as defined by the International Society on Thrombosis .3 and Haemostasis</p> <p>Intracranial hemorrhage .4</p> <p>Any clinically-relevant non-major bleeding .5</p> <p>New symptomatic diagnosed gastroduodenal ulcer .6</p> <p>Dyspepsia leading to drug discontinuation or switch to open-label .7 enteric-coated aspirin</p> <p>Second randomization: Mitigation hybrid strategy to reduce the cardiovascular adverse effects of air pollution</p>	<p>پيامدها اوليه (primary) ثانويه (secondary) ايمني (Safety) (فقط مربوط به طرحهای کارآزمایی بالینی)</p>

<p>:Efficacy Outcomes .1</p> <p>Primary: Composite of non–fatal ischemic stroke (not deemed to be related to .1 systolic hypotension), type I myocardial infarction, acute limb events, or cardiovascular death</p> <p>:Secondary .2</p> <p>(Ischemic stroke (not deemed to be related to systemic hypotension .1 Type I myocardial infarction .2 Acute limb events .3 Cardiovascular death .4 All–cause death .5 HF hospitalization .6</p> <p>:Exploratory .3</p> <p>Adherence to all components of the hybrid strategy (i.e., avoidance from .1 going outdoors on polluted days as stated by text messaging, or wearing KN–95 facemasks if going outdoors on those days, and the dietary recommendations regarding the daily consumption of citrus fruits on highly (polluted days Patient satisfaction with the hybrid strategy .2 Change in the health–related quality of life: The health–related quality of life .3 of all participants (i.e., in the intervention and control groups) will be assessed at baseline and the end of the follow–up using the EQ–5D–5L questionnaire 46,47. The change in health–related quality of life from baseline until the end of follow–up will be compared between intervention .and control groups for exploratory purposes</p> <p>:Safety Outcomes .2</p> <p>Severe mask–related skin reaction requiring treatment with systemic or topical .1 immunosuppressive agents or a visit by a dermatologist Change in the level of anxiety: The anxiety level of all participants (i.e., in the .2 intervention and control groups) will be screened at baseline and every 6 months until the end of the follow–up using the Generalized Anxiety Disorder–7 (GAD–7) questionnaire 48. The change in anxiety level from baseline until the end of the follow–up will be compared between intervention and control groups for exploratory .(purposes and for deliberations by the Data and Safety Monitoring Board (DSMB</p>	
<p>:Follow up</p> <p>:Patients will receive two types of follow–ups in the COATED–AIR trial</p> <p>A. Phone call follow–up, which will proceed on month 3,9,15 and 21during which an experienced :research assistant will interrogate the patients regarding the following issues</p> <p>The occurrence of predefined outcomes: In case of a positive response, the interview will be .1 continued by the study physician to record correctly the event and facilitate the process of .providing accurate evidence for event adjudication</p> <p>Adherence to the hybrid strategy: In a subpopulation randomized into the hybrid strategy, the .2 .participant will be asked about the adherence to different components of the hybrid strategy</p>	<p>پیگیری (follow up) فقط مربوط به طرحهای کارآزمایی بالینی)</p>

New complaint: In case of a positive response, and after the confirmation of the study .3
.physician, the treating physician will be alerted to schedule a visit for the patient

B. On-site follow-up: which will be proceeded by the study physician on months 6, 12, 18, and :24, and the patients will be interviewed about the following issues

The occurrence of predefined outcomes: In the case of a positive response, the study .1
.physician will record the event and collect accurate evidence for event adjudication

Adherence to the hybrid strategy: In a subpopulation randomized into the hybrid strategy, the .2
.participant will be asked about the adherence to different components of the hybrid strategy

New complaint: In case of a positive response, and after the confirmation of the study .3
.physician, the treating physician will be alerted to schedule a visit for the patient

Patient satisfaction: Patient satisfaction with the hybrid strategy using a custom-made .4
.questionnaire in only the intervention group

.Quality of Life: Patient quality of life will be assessed based on the EQ-5D-5L questionnaire .5

.Anxiety: Patient anxiety will be assessed based on the GAD-7 questionnaire .6

جدول متغیرها

نحوه اندازه گیری	تعریف کاربردی	واحد اندازه گیری	نوع متغیر کیفی - اسمی است؟	نوع متغیر کیفی - رتبه ای است؟	نوع متغیر کمی - گسسته است؟	نوع متغیر کمی - پیوسته است؟	نقش متغیر	نام متغیر
Questionner	Number of years person lived, recorded at the time of enrollment	year	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	مستقل	Age
Questionner	Patient's sex at birth, recorded at the time of enrollment	Male Female	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Sex
Questionner	Patient's height, recorded at the time of enrollment	cm	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	مستقل	Height
Questionner	Patient's weight, recorded at the time of enrollment	kg	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	مستقل	Weight

جدول متغیرها

نحوه اندازه گیری	تعریف کاربردی	واحد اندازه گیری	نوع متغیر کیفی - اسمی	نوع متغیر کیفی - رتبه ای	نوع متغیر کمی - گسسته	نوع متغیر کمی - پیوسته	نقش متغیر	نام متغیر
Questioner	Highest level of formal education completed by the enrollee at the time of enrollment	High school or lower Bachelor's or equivalent Master's or equivalent Doctorate degree or equivalent	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Highest level of education
Questioner	Grade of symptoms or signs in patients with suspected or presumed stable angina (or angina equivalent) according to the Canadian Cardiovascular Society grading scale	Class 0 Class I Class II Class III Class IV	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Chest pain grading
Questioner	comprehensive record of a person's health conditions, illnesses, treatments, and medical events that have occurred prior to the present moment	have/doesn't have	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Past Medical History
Questioner	Documented history of myocardial infarction	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Prior myocardial infarction
Questioner	Documented history of atrial fibrillation/flutter before the enrollment	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Atrial fibrillation
Questioner	Documented PAD before the enrollment confirmed by: Previous or recent acute ischemic limb event History of previous endovascular/surgical lower or upper extremities revascularization for an atherosclerotic cause History of ulcer or lower extremities amputation due to	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Peripheral artery disease ((PAD
Questioner	Documented CAD before the enrollment confirmed by: Previous documented type I MI History of coronary revascularization (PCI, CABG, or both) History of obstructive CAD (>50% stenosis) documented by CT or conventional angiography in any of the epicardial coronary arteries	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Coronary artery disease ((CAD

جدول متغیرها

نحوه اندازه گیری	تعریف کاربردی	واحد اندازه گیری	نوع متغیر کیفی - آسمی - آسیت؟	نوع متغیر کیفی - آسیت؟	نوع متغیر کمی - گسسته - آسیت؟	نوع متغیر کمی - پیوسته - آسیت؟	نقش متغیر	نام متغیر
Questioner	Previous percutaneous coronary intervention PCI before enrollment	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Previous PCI
Questioner	Coronary artery bypass graft (CABG) surgery before enrollment	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Previous CABG surgery
Questioner	Documented carotid arterial disease before enrollment confirmed by: ☐ History of previous endovascular/surgical carotid artery ☐ revascularization for atherosclerotic cause ☐ ≥50% stenosis of carotid artery shown in carotid Doppler ultrasound and contrast angiography	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Carotid artery stenosis
Questioner	Documented history of ischemic stroke or TIA before enrollment	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Ischemic stroke and/or Transient ischemic attack ((TIA
Questioner	Documented history of hemorrhagic stroke before the enrollment defined as rapidly developing clinical signs of neurological dysfunction attributable to a focal collection of blood within the brain parenchyma, ventricular system, or bleeding into the subarachnoid space, that is not caused by trauma	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Hemorrhagic stroke
Questioner	Documented history of pulmonary embolism (PE) or deep vein thrombosis (DVT) before the enrollment	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Venous thromboembolism
Questioner	Former smoker is an adult who has smoked at least 100 cigarettes in his or her lifetime but who had quit smoking at the time of the interview according to the CDC. Current smoker is an adult who has smoked 100 cigarettes in his or her lifetime and who currently .smokes cigarettes according to CDC	No ☐ ☐ Former smoker ☐ Current smoker	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Cigarette smoking
Questioner	Documented history of limb-threatening ischemia before the enrollment which is confirmed by limb hemodynamics or imaging and leads to an acute vascular intervention	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Acute limb ischemia
Questioner	Documented history of gastroduodenal ulcer before the enrollment manifested by gastrointestinal symptoms that persist for > 3 days, with confirmation of ulcer by endoscopy or radiography. An ulcer is defined as any mucosal break at least 3 mm in .greatest diameter that has unequivocal depth	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Peptic ulcer disease ((PUD

جدول متغیرها

نحوه اندازه گیری	تعریف کاربردی	واحد اندازه گیری	نوع متغیر کیفی - اسمی	نوع متغیر کیفی - رتبه ای	نوع متغیر کمی - گسسته	نوع متغیر کمی - پیوسته	نقش متغیر	نام متغیر
Questioner	Previous documented left ventricular ejection fraction- within the last year- measured by echocardiography, as provided by the patient upon enrollment. The document will only be validated if was reported by a site attending physician	Percentage	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	مستقل	Left ventricular ejection fraction
Questioner	a comprehensive record of an individual's usage of pharmaceutical substances	Drug name and Dosage	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Drug History at the time of randomization
Laboratory tests	Hemoglobin, Platelet count, WBC, Neutrophil count, Lymphocyte count, Plasma creatinine	Different for each parameters	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Laboratory data (most recent within 3 months prior to randomization)
Questionnaire	Adherence to drug therapy which is consistent and regular consumption of aspirin as prescribed, evaluated at six-month intervals during on-site visits	Questionnaire	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Adherence to aspirin therapy
Questionnaire	Adherence to the individual components of the hybrid strategy	Questionnaire	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Adherence to the hybrid strategy
Questionnaire	Patient satisfaction with the hybrid strategy using a custom-made questionnaire in only the intervention .group for the second randomization	Questionnaire	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	مستقل	Satisfaction
Questioner	Death due to any causes (cardiovascular, non-cardiovascular, or undetermined) within the follow-up .period	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	All-cause death
Questioner	Cardiovascular death is defined as death resulting .from cardiovascular causes	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Cardiovascular death
Questioner	Non-cardiovascular death is defined as any death that is not thought to be the result of a cardiovascular cause	Questioner	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Non-cardiovascular death

جدول متغیرها

نحوه اندازه گیری	تعریف کاربردی	واحد اندازه گیری	نوع متغیر کیفی - ی - آسم - ی - آس - ت؟	نوع متغیر کیفی - ی - رتبه ای - آس - ت؟	نوع متغیر کمی - گسسته - آس - ت؟	نوع متغیر کمی - پیوسته - آس - ت؟	نقش متغیر	نام متغیر
Questioner	Undetermined cause of death is defined as a death not attributable to any other category by the clinical event committee because of the absence of any relevant source documents.	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Undetermined cause of death
Questioner	Hospitalization due to all the below predefined cardiovascular or respiratory acute events/procedures.	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Hospitalization
Questioner	Admission for ≥ 24 h (or change of calendar date if admission and discharge time are lacking) with a primary diagnosis of heart failure, and the subject has objective evidence of a new or aggravated pre-existing right or left-sided heart failure meeting the criteria for heart failure hospitalization at the clinician's discretion.	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Hospitalization due to heart failure
Questioner	Inpatient admission to a hospital specifically due to acute events involving the vascular system.	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Unplanned vascular Hospitalization
Questioner	when blood flow decreases or stops in one of the coronary arteries of the heart	Type I , Type III , Type IV a , Type IV b , Type IV c , Type V ,	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Acute myocardial infarction
Questioner	Cardiac arrest is the sudden cessation of cardiac activity. The victim becomes unresponsive with no normal breathing and no signs of circulation	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Cardiac arrest
Questioner	New diagnosis of atrial fibrillation/flutter as confirmed by a 30-second 12-lead ECG, telemetry tracing, or similar	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Incident Atrial fibrillation
Questioner	Any pulmonary embolism diagnosed on CT angiography, V/Q scan, invasive pulmonary angiography, echocardiography (thrombus visualized in the main pulmonary artery), based on signs and symptoms of PE plus imaging-confirmed proximal DVT, or at autopsy	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Pulmonary embolism

جدول متغیرها

نحوه اندازه گیری	تعریف کاربردی	واحد اندازه گیری	نوع متغیر کیفی - ی - اسمی	نوع متغیر کیفی - ی - رتبه ای	نوع متغیر کمی - گسسته	نوع متغیر کمی - پیوسته	نقش متغیر	نام متغیر
Questioner	Any deep vein thrombosis diagnosed in the upper (internal jugular, brachiocephalic, subclavian, axillary/brachial), or lower extremity (iliac, femoral/popliteal, gastrocnemius, peroneal, posterior tibial) or the inferior vena cava or deep splanchnic veins	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Deep vein thrombosis
Questioner	An episode of neurological dysfunction caused by focal cerebral, spinal, or retinal infarction	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Ischemic stroke
Questioner	Major adverse limb event (MALE) is defined as ALI .or CLI	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Acute limb event
Questioner	Any ankle disarticulation, transtibial/below knee amputation, or transfemoral/above knee amputation	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Major amputation
Questioner	Any urgent or emergent percutaneous intervention or surgical bypass due to acute vascular events such as acute limb ischemia or acute coronary syndrome to restore blood flow to affected areas and prevent further ischemic damage	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Unplanned revascularization
Questioner	Angiographic confirmation of stent/scaffold :thrombosis	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Stent thrombosis
Questioner	Predominant epigastric pain lasting at least 1 month which can be associated with any other upper gastrointestinal symptom such as epigastric fullness, nausea, vomiting, or heartburn	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Dyspepsia
Questioner	Gastroduodenal ulcer manifested by gastrointestinal symptoms that persist for > 3 days, with confirmation of ulcer by endoscopy. An ulcer is defined as any mucosal break at least 3 mm in greatest diameter	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Newly symptomatic gastroduodenal ulcer
Questioner	Bleeding from the upper or lower gastrointestinal .tract	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Clinically -relevant GI bleeding

جدول متغیرها

نحوه اندازه گیری	تعریف کاربردی	واحد اندازه گیری	نوع متغیر کیفی - اسمی	نوع متغیر کیفی - رتبه ای	نوع متغیر کمی - گسسته	نوع متغیر کمی - پیوسته	نقش متغیر	نام متغیر
Questionner	ISTH major bleeding in non-surgical patients defined as having a symptomatic presentation and 40: ☐ Fatal bleeding, and/or ☐ Bleeding in a critical area or organ, such as intracranial, intraspinal, intraocular, retroperitoneal, intra-articular or pericardial, or intramuscular with compartment syndrome, and/or Bleeding causing a fall in hemoglobin level of 20 g/L (1.24 mmol/L) or more, or leading to transfusion of .two or more units of whole blood or red cells	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Major bleeding
Questionner	Any sign or symptom of hemorrhage (e.g., more bleeding than would be expected for a clinical circumstance, including bleeding found by imaging alone) that does not fit the criteria for the ISTH definition of major bleeding but does meet at least one of the following criteria 68: ☐ Requiring medical intervention by a healthcare professional ☐ Leading to hospitalization or increased level of care Prompting a face-to-face (i.e., not just a telephone or electronic communication) evaluation	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Clinically-relevant non-major bleeding
Questionner	A seven-item instrument that is used to measure or assess the severity of generalized anxiety disorder .((GAD	total 7 score for the seven items ranges from 0 to 21: 0-4: minimal anxiety 5-9: mild anxiety 10-14: moderate anxiety 15-21: severe anxiety	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	وابسته	GAD-7
Questionnaire	A self-assessed, health-related, quality of life questionnaire. The scale measures the quality of life on a 5-component scale	-5 component scale	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	وابسته	Quality of Life (EQ-5D-5L)
Questionner	Adverse skin reactions occurring due to the use of facial masks which mandate dermatological consultation or the use of topical/systemic corticosteroids or other immunosuppressives	Yes/No	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	وابسته	Severe mask-related skin reactions

زمانبندی و اجرا

شرح مختصر مرحله	درصد مرحله	مدت زمان اجرا - ماه	از تاریخ	تا تاریخ
نوشتن پروپوزال		1	1402/10/25	1402/12/06
بررسی بیماران و جمع آوری دیتا		24	1402/12/07	1404/12/07
فالوآپ بیماران		48	1402/12/14	1406/12/07
نگارش مقاله		2	1406/12/07	1407/02/07
سایمیت مقاله		1	1407/02/08	1408/04/31

هزینه پرسنلی

نام و نام خانوادگی	توصیف دقیق فعالیتی که فرد باید در این تحقیق انجام دهد	کل حق الزحمه - ریال
سپهر جمال خانی	Patient Recruitment	150,000,000

جمع کل هزینه های طرح

هزینه پرسنلی (هیات علمی و غیر هیات علمی)	هزینه مواد مصرفی	هزینه مواد غیر مصرفی	هزینه تجهیزات، مواد و خدمات موجود در مراکز	هزینه مسافرت	هزینه چاپ و تکثیر	سایر هزینه ها	جمع کل هزینه - ریال
150,000,000	0	0	0	0	0	0	150,000,000